



In collaboration with the European Society of Motion Analysis in Adults and Children (ESMAC)

# **EPOS BAT Advanced Course**

Vienna, Austria: 11-13 May 2022



# Motion Analysis for Paediatric Orthopaedic Surgeons

- Understanding of gait and motion biomechanics
- Interpretation of gait reports
- Learn motion analysis methods
- Clinical application of movement analysis
- Dynamic foot deformities assessment
- Sport biomechanics in paediatric athletes
- Theoretical Lectures
- Workshops & Seminars
- Techniques in instrumental outcome evaluation



# Welcome







Elke Viehweger

Martin Svehlik

Sebastian Farr

#### Dear Colleagues, dear Friends,

It is a great pleasure to invite you to the first multidisciplinary EPOS BAT Advanced Course with focus on clinical biomechanics and functional assessment of various conditions in pediatric orthopedics. This is the first course to be held in cooperation between two European societies: EPOS (European Paediatric Orthopaedic Society) and ESMAC (European Society for Movement Analysis in Adults and Children).

With the International Classification of Functioning, Disability and Health (ICF) as a framework for describing functioning and disability we adopted a new approach of treating children not only based on body structure but also at the functional and activity levels. However, functional approach to treatment has not been fully adopted so far.

Technology is changing our lives in many different ways and technological advancements allow us an easy access to information and help us in personal as well as professional lives. However, even if modern technologies allow us to capture movement and function easier than ever before, this is not reflected in our decision making process. Here, pediatric orthopedic surgeons still rely on static radiologic imaging like X-ray, CT or MRI examinations.

To be able to stand for the technical challenges in the 21<sup>st</sup> century pediatric orthopedic surgeons have to develop a common language with biomedical engineers and human movement scientists. Therefore we prepared a first multidisciplinary course in cooperation with ESMAC having a pediatric orthopaedic surgeon in mind. During the course you learn basics of clinical biomechanics and you get an overview about application, limitation and interpretation of different instrumented methods of functional examination like e.g. gait analysis, dynamic electromyography or pedobarography. The course is practically oriented and we are going to cover a wide variety of pediatric orthopedic topics (neuro orthopedics, foot deformities, spine, diseases of the hip, sport orthopedics etc.) as well to bring your attention to new treatment modalities like gaming therapy and offer you an insight into the nearest future. Moreover, workshops and seminars in small groups are going enhance your experience and allow us to focus on your personal needs and questions.

Our multidisciplinary faculty of pediatric orthopedic surgeons, biomedical engineers and human movement scientists is looking forward to share their knowledge with you. Help us to improve the functional outcomes of your patients and get pediatric orthopedics ready for the 21st century!

Yours

Elke Viehweger Co-Chair EPOS

C. Vielys

Martin Svehlik Co-Chair ESMAC Sebastian Farr
EPOS Education Committee Chair

Live 7

# Programme Wednesday 11 May

Schedule	Topic	Faculty
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09:00	Welcome	E. Viehweger, M. Svehlik
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09:15	Basics of walking	
	How we get to walk?	A. Shortland
	Gait phases	M. Svehlik
	Temporal-spatial parameters of gait	A. Kranzl
	Video Assessment Scores: Edinburgh visual score, Rancho Los Amigos	J. Romkes
10:00	Normal gait biomechanics - Kinematics	M. Sangeux
10:45	Workshops (including coffee break)	
12:15	Essential mechanics	A. Shortland
13:00	Lunch	
14:00	Normal gait biomechanics - Kinetics	M. Sangeux
14:45	Relevant clinical examination and scores (ICF)	E. Viehweger
15:15	Workshops (including coffee break)	
16:45	Interaction between planes	A. Shortland
17:10	Interpretation of gait data	A. Van Campenhout
17:35	Communicating gait data and diagnostic of gait deviation	R. Brunner
18:00	Resume of first day - Experience of workshops	E. Viehweger, M. Svehlik, Faculty
18:15	End of the day	

# Programme

Thursday 12 May

Schedule	Торіс	Faculty
08:00	Summary day 1	M. Sangeux
08:30	Foot models: Introduction	M. Svehlik
	Foot model (Oxford, Heidelberg,)	J. Romkes
	Foot pressure measurement	A. Kranzl
	Clubfoot	C. Radler
09:30	Workshops (including coffee break)	
11:00	EMG - introduction	A. Shortland
	EMG - interpretation and typical patterns	A. Van Campenhout
12:00	Measurements of upper extremity	A. Kranzl
12:15	What to expect from Motion Analysis for upper limb management?	S. Farr
12:30	Lunch	
13:30	Neuroorthopaedics	
	Introduction including long-term follow up	M. Svehlik
	Cerebral palsy - Rotational deformity - Derotational osteotomy	R. Brunner
	Cerebral palsy - Pes equinus and plantarflexion/knee extension couple	E. Viehweger
	Cerebral palsy - Crouch	A. Van Campenhout
	Spina Bifida (MMC)	R. Brunner
	Muscle Dystrophy	J. Romkes
15:00	Workshops (including coffee break)	
16:30	Paediatric Foot	
	Idiopatic Planovalgus	E. Viehweger
	Idiopathic toe-walking	M. Svehlik
	Charcot Marie Tooth + Cavovarus	A. Van Campenhout
	Gait Indexes	M. Sangeux
17:15	New technologies in Motion Analysis (IMU, Markerless, Activity Monitoring, Apps, Gaming)	M. Sangeux
18:15	Resume of the second day – Experience of workshops	
18:30	End of the day	
19:00	Course Dinner (until 23:00)	

# Programme

Friday 13 May

Schedule	Topic	Faculty
08:00	Lower Limb Deformities and Hip	
	Hip pathologies (DDH, Perthes, SCFE)	M. Svehlik
	Modelling in clinical application	M. Sangeux
	Lower Limb Aligment	A. Kranzl
	Rotational deformities of lower limb	M. Sangeux
09:30	Trunk/Scoliosis assessment	J. Romkes, E. Viehweger
10:00	Workshops (including coffee break)	
11:30	Sport biomechanics + Paediatric Knee	
	Introduction Pediatric Sports Orthopedics	E. Viehweger
	ACL Reconstruction	A. Praetorius
	Running analysis	A. Kranzl
	Back to sport testing	A. Praetorius
12:30	Lunch	
13:30	Workshops (including coffee break)	
15:00	Measuring muscle properties (ultrasound, elastosonography)	A. Shortland
15:15	Instrumented spasticity measurement	A. Van Campenhout
15:30	Conclusion and evaluation of the course	
15:45	End of the course	

# Workshops

Day 1	Normal gait - observational gait analysis
	Case - Kinematics
	Case - Kinetics
	Marker placement
Day 2	Case - Foot (Clubfoot/Flatfoot), Pedobarography
	Case - EMG - Muscle transfer
	Orthotic adjustements based on gait analysis
	Surgical Workshop (Crouch Gait and surgical correction/Demo)
Day 3	Inertial sensors, Markeless
	Case - Limb Malalignement, Derotation OT
	Case - Running and sport analysis - Knee

# **EPOS Courses**

#### **Future EPOS BAT Trilogy & Advanced Courses**

#### 7th EPOS BAT Instructional Course Trilogy

Spasticity vs Stability/Weakness

Vienna, Austria | 12-14 October 2022

Part I

#### **EPOS BAT Advanced Course**

Vienna, Austria | 25-26 November 2022 Pediatric Hand and Upper Extremity Surgery

#### **EPOS BAT Advanced Course**

Vienna, Austria | 26-28 January 2023 Lower Limb Deformity Course

#### 7th EPOS BAT Instructional Course Trilogy

Vienna, Austria | 15-17 March 2023

Part II

#### **EPOS BAT Advanced Course**

Vienna, Austria | 11-13 May 2023 Pediatric Spine Surgery

## Information

#### Course fees

## Early registration fees\*\*

(until 17 April 2022)

**Participants** EUR 462.00

EPOS or ESMAC members\*

FUR 374.00

Residents & Non-medical personnel\* FUR 319.00

Dinner EUR 40.00

Late and on-site registration fees (as of 18 April until 13 May 2022 incl.)

# **Participants**

FUR 550.00

EPOS or ESMAC members\* FUR 462.00

#### Residents & Non-medical personnel\* FUR 407.00

- \* Proof of status mandatory
- \*\* The early registration fee is valid only when the payment is made before the early registration deadline

#### Registration fees include:

- Participation to all course educational activities
- Lunches & coffee breaks
- 10% VAT

#### Course language

English - no translation

#### CMF Credits



20 European CME credits (ECMEC®s) have been accredited for the course.

Please note that each medical specialist should claim only those credits that he/she actually spent in the educational activity.

#### Opening hours

Wednesday, 11 May 07:30-18:30 Thursday, 12 May 07:30-18:30 Friday, 13 May 07:30-16:30

#### Contact

**FPOS Central Office** courses@epos.org

#### Venue

Orthopaedic Hospital Speising Speisinger Strasse 109 1130 Vienna Austria

Auditorium: Prof. Spitzy-Auditorium



# **Faculty**

#### **Faculty**

Reinald Brunner, Switzerland Sebastian Farr, Austria Andreas Kranzl, Austria Arthur Praetorius, Germany Christoph Radler, Austria Jacqueline Romkes, Switzerland Morgan Sangeux, Switzerland/France Adam Shortland, UK Martin Svehlik, Austria Anja Van Campenhout, Belgium Elke Viehweger, France

#### **Course Programme Committee**

Elke Viehweger, Course Co-Chair EPOS Martin Svehlik. Course Co-Chair ESMAC

### **Course Sponsors**







