

EPOS BAT Advanced Course

Porto, Portugal : 26-27 September 2024



Clubfoot - Aiming for Perfect, from Diagnosis to Treatment

Highlights

- Clubfoot pathoanatomy and biomechanics
- Ponseti method: Fundamental knowledge and skills
- Management of complex clubfeet
- Ponseti casting, tenotomy and bracing
- Recognition and treatment of recurrences
- Surgical solutions for residual or very resistant deformities
- Detailed technical notes on casting, bracing, tenotomy and surgical techniques

Methods of education

- Theoretical lectures
- Clinical case discussions
- Hands-on workshops

Welcome



Cristina Alves



Christof Radler



Sebastian Farr

Dear Colleagues and Friends,

It is with great enthusiasm that we invite you to join us in the EPOS BAT Advanced Course- Clubfoot. Aiming for Perfect, from Diagnosis to Treatment. We are looking forward to meeting you in the beautiful city of Gaia, Porto, September 26th-27th, 2024.

Clubfoot is one of the most common congenital deformities and may have varying degrees of severity. If recognized early and managed appropriately, using the Ponseti Method, it can be treated very successfully. A sound understanding of the functional anatomy of the foot and how it responds to manipulation and casting, allows us to correct the majority of clubfeet in infancy, with in about six to eight weeks. It is key to know the details of the deformity and treatment and to develop the skills needed to treat the child in a perfect way, thus improving its quality-of-life and granting a perfect longterm outcome.

This advanced course, with a worldwide renowned faculty, including Jose Morcuende, who leads the Ponseti Clubfoot Clinic at the University of Iowa Hospitals, will dedicate 1.5 days to sharing their insights and expertise, in a comprehensive program including theoretical lectures, presentations on casting techniques, recognition of recurrences, treatment of complex clubfeet, surgical techniques for residual foot deformities and recalcitrant cases and interactive case discussions. Additionally, the participants will engage in hands-on workshops of casting, tenotomy and bracing, according to Ponseti technique.

We urge you to actively participate in this course, which will allow the European Paediatric Orthopaedic Society (EPOS) to continue to lead the way in paediatric orthopaedic education throughout Europe, in a very engaging and stimulating atmosphere.

See you in Portugal!

Warm regards,

Cristina Alves
Course Co-Chair

Christof Radler
Course Co-Chair

Sebastian Farr
EPOS Educational
Committee Chairman
2022-2025

Program

Thursday 26 September

| Schedule | Topic | Faculty |
|----------|------------------------------------|-----------------------|
| 08:00 | Registration | |
| | Badge scanning 1 (2.5 CME credits) | |
| 08:30 | Opening remarks | C. Alves C. Radler |

Session 1: The Basics.

Moderators: Stephanie Böhm, Javier Downey

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|-------|---|----------------|
| 08:40 | From Prenatal Diagnosis to Clinical Diagnosis: What is Important? | A. Andreacchio |
| 09:00 | Clubfoot: Etiology and Pathoanatomy | J. Morcuende |
| 09:20 | Discussion | |
| 09:40 | Fundamentals of Ponseti Method | A. Presedo |
| 10:00 | Practice of Ponseti Method: manipulation and casting | J. Morcuende |
| 10:20 | Tenotomy: indications and procedure | N. Alegrete |
| 10:40 | Discussion | |
| 11:00 | Coffee Break | |
| | Badge scanning 2 (2 CME credits) | |

Session 2: Staying Out of Trouble.

Moderators: Cristina Alves, Dan Cosma.

| | | |
|-------|---|-----------|
| 11:30 | Bracing: protocol, details and challenges | N. Davis |
| 11:50 | Recognition and treatment of the complex clubfoot | S. Böhm |
| 12:10 | Scientific evidence supporting Ponseti Method | Y. Gelfer |
| 12:30 | Discussion | |
| 13:00 | Lunch break | |
| 14:00 | Hands-On training with clubfoot models | |

Program

Thursday 26 September

| Schedule | Topic | Faculty |
|----------|------------------------------------|---------|
| 16:00 | Coffee Break | |
| | Badge scanning 3 (1.5 CME credits) | |

Session 3: The Details and Difficulties

Moderators: Yael Gelder, Nuno Alegrete.

| | | |
|-------|---------------------------------------|---------------------|
| 16:30 | Ponseti Technique Detailed | Video |
| 16:50 | Recognition and treatment of relapses | C. Radler |
| 17:10 | Treatment of neglected clubfeet | A. Ey |
| 17:30 | Workshop: Tenotomy and Bracing | |
| 18:30 | Adjourn | C. Alves, C. Radler |

Program

Friday 27 September

| Schedule | Topic | Faculty |
|----------|------------------------------------|---------|
| | Badge scanning 4 (2.5 CME credits) | |

Session 4: The Very Difficult

Moderators: Christof Radler, Naomi Davis

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|-------|---|-------------|
| 08:30 | More than Clubfoot: Neuromuscular? Syndrome? Bone dysplasia? | D. Cosma |
| 08:50 | Treatment of clubfeet relapsed after surgical treatment | M. Nogueira |
| 09:10 | Discussion | |
| 09:30 | Are there clubfeet needing joint surgery, osteotomies or arthrodesis? | J. Downey |
| 09:50 | The role of External Fixation in Clubfoot treatment | M. Eidelman |
| 10:10 | Discussion | |
| 10:30 | Coffee Break | |
| | Badge scanning 5 (3 CME credits) | |

Session 5: Ready to Face Challenges

Moderators: Ana Presedo, Antonio Andreacchio

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|-------|---|---------------------|
| 11:00 | Case Discussion | |
| 13:00 | Wrap Up: Key Points on Clubfoot Diagnosis and Treatment | C. Alves |
| 13:20 | Closing | C. Alves, C. Radler |

Information

Future Courses and Events

EPOS BAT Advanced Course

8th EPOS BAT INSTRUCTIONAL COURSE TRILOGY (Part II)

Orthopaedic Hospital Speising, Vienna, Austria | 20-22 November 2024

EPOS BAT ADVANCED CADAVER COURSE (Arthroscopy)

Geneva, Switzerland | 23-24 January 2025

8th EPOS BAT INSTRUCTIONAL COURSE TRILOGY (Part III)

Orthopaedic Hospital Speising, Vienna, Austria | 12-14 March 2025

EPOS BAT Advanced Course

Hip Surgery from Infancy to Adulthood

Hospital Universitari Son Espases, Palma, Spain | June 2025 (exact dates TBC)

Information

Course fees

Early registration fees*
(valid until 1st of September 23:59):

Participants

EUR 450.00

EPOS members**

EUR 350.00

FEPOS**

EUR 350.00

Residents**

EUR 300.00

Late registration fees
(valid as of 2nd of September. No registration possible onsite!):

Participants

EUR 550.00

EPOS members**

EUR 450.00

FEPOS**

EUR 450.00

Residents**

EUR 400.00

Course language

English – no translation

CME Accreditation



The course has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) for a maximum of 11.5 European CME credits (ECMEC®s).

Opening hours

Thursday 26th September 07:30-18:30
Friday 27th September 08:00-13:30

Contact

EPOS Central Office
courses@epos.org

Venue

Holiday Inn Porto Gaia
Rua Diogo de Macedo 220
4400-107, Vila Nova de Gaia, Portugal

* The early registration fee is only when the payment is made before the early registration deadline

** Proof of status mandatory

Registration fees include

- Participation to all course educational activities;
- Lunches & Coffee breaks

Expenses related to flights, accommodation, airport transfers, dinners etc. are at the participants' own expense.

Faculty

Course Faculty

Nuno Alegrete, Portugal
Cristina Alves, Portugal
Antonio Andreacchio, Italy
Anna Bridgens, United Kingdom
Stephanie Böhm, Sweden
Dan Cosma, Romania
Naomi Davis, United Kingdom
Javier Downey, Spain
Mark Eidelman, Israel
Anna Ey, Spain
Yael Gelfer, United Kingdom
Jose Morcuende, United States of America
Mónica Nogueira, Brazil
Ana Presedo, France
Christof Radler, Austria

Scientific Program Committee:

| | |
|-----------------|-----------------------------------|
| Cristina Alves | Course Co-Chair |
| Christof Radler | Course Co-Chair |
| Sebastian Farr | Chair, EPOS Educational Committee |

Workshop Schedule

Industry-sponsored* Workshop Schedule**

Workshop 1 Hands-on training with clubfoot models

Workshop 2 Tenotomy and bracing

* Disclaimer: Please note that there is a variety of different similar products available that can be used beyond the ones provided at this event.

** Subject to last minute changes.

Official industry supporters of the course are:



info

www.epos.org/education