

# 8<sup>th</sup> EPOS BAT Instructional Course

Vienna, Austria: 20-22 November 2024



## Trilogy Course Part II - Paediatric Trauma Course

#### Highlights

- Principles of Fractures in Children
- Upper Extremity Fractures
- Lower Extremity Fractures
- Basic Spine & Sports Injuries
- Specific Trauma Conditions

#### Methods of learning

- Theoretical Lectures
- Controversial Issues
- Techniques in Paediatric Orthopaedics
- Case Discussions
- Workshops

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## Welcome





Sebastian Farr



Carol-C. Hasler

Dear Colleagues,

It is a pleasure to invite you to the 8th EPOS BAT Instructional Course Trilogy, an integral part of the EPOS Educational Programme. The EPOS Educational Committee has set up the "BAT (Basic, Advanced & Traumatology) Educational Programme". The programme meets the requirements set by the European Federation of National Associations of Orthopaedics and Traumatology (EFORT) and European Board of Orthopaedics and Traumatology (EBOT). Three consecutive educational events including two basic and one trauma courses cover the core curriculum education in Children's Orthopaedics. 25 courses were held between May 2011 and March 2024 and 533 physicians from 58 countries completed the core curriculum education in Children's Orthopaedics by attending three consecutive courses.

The course is aimed at residents who want to improve their knowledge in Children's Orthopaedics and also general Orthopaedic Surgeons, particularly young ones, who want to refresh their knowledge. The scientific



content should encourage a greater understanding of Children's Orthopaedics via a problem-solving approach to the diagnosis and management of orthopaedic conditions in children informed by relevant research evidence. Teaching faculties are composed of internationally recognized experts in Children's Orthopaedics from all over Europe.

The second part of the BAT course trilogy is the "Trauma Course" and includes theoretical lectures, debates, techniques in paediatric orthopaedics, case discussions and workshops concerning characteristics, assessment and treatment principles of fractures, treatment of specific trauma conditions, upper and lower extremity fractures and sports injuries in children.

Treatment innovations are often a result of collaboration between clinicians and industry and we acknowledge and appreciate that our industry partners contribute significantly to the educational content of these courses.

We invite orthopaedic surgeons and residents to the Orthopaedic Hospital Speising in Vienna in November 2024.

We will do our utmost to meet and exceed your expectations.

Yours,

& Chia Fair

Catharina Chiari Local Host

Sebastian Farr EPOS Educational Committee Chairman

Carol-C. Hasler EPOS President 2024-2025

Wednesday 20 November

16:00-18:00 Registration (Optional)

Schedule	э Торіс	Faculty
07:00	Registration	
07:50	Opening and welcome	S. Farr C. Chiari

## **Basics of Fracture Care in Children**

 Moderator: M. De Pellegrin

 08:00
 Fracture biology and healing
 H.Ömeroglu

 08:10
 Why fractures in children differ from those in adults?
 W. Nijhuis

08:25	Classification of fractures in children	IVI. De Pellegrin
08:35	Imaging modalities for pediatric fractures – what is necessary and when?	C. Alves
08:45	Discussion	

## **Treatment Principles and Specifics of Pediatric Fractures**

	Moderator: G. Trisolino	
09:00	General principles of fracture treatment in children	I. Sanpera
09:20	<i>Techniques in Paediatric Orthopaedics:</i> Casting for children's fractures	N. Lutz
09:30	Treatment principles of physeal fractures and their sequelae	W. Nijhuis
09:50	Treatment principles of open fractures	Y. Nietosvaara
10:00	Discussion	

10:15 Coffee Break

## **Treatment of Specific Trauma Conditions**

	Moderator: C. Alves	
10:40	Pathologic Fractures	C. Hasler
10:55	Neurovascular and soft tissue injuries – what to do?	N. Lutz
11:10	Compartment syndrome	F. Canavese
11:20	Nonaccidental trauma	G. Trisolino
11:30	Discussion	
11:45	Industry-Sponsored Workshop Rotation System	1
12:45	Lunch Break	

Wednesday 20 November

### Schedule Topic

### Faculty

## **Shoulder and Upper Arm**

	Moderator: N. Lutz	
13:45	Clavicle fractures and AC/SC dislocations	M. Witbreuk
14:00	Humerus proximal fractures	F. Canavese
14:10	Humerus shaft fractures	C. Hasler
14:20	<i>Techniques in Paediatric Orthopaedics:</i> FIN of humerus shaft fractures	C. Alves
14:30	Discussion	

### Elbow-1

Moderator: F. Canavese

14:50	Humerus supracondylar fractures – Basics and treatment principles	I. Sanpera
15:10	<i>Controversies in Paediatric Orthopaedics:</i> Medial-lateral cross pinning is better	D. Farrington
15:15	<i>Controversies in Paediatric Orthopaedics</i> . All lateral pinning is better	H. Ömeroglu
15:20	Humerus supracondylar fractures – management of complications	Y. Nietosvaara
15:30	Discussion	
15:45	Coffee Break	

16:15 Industry-Sponsored Workshop Rotation System 2

## Elbow-2

	Moderator: W. Nijhuis	
17:15	Humerus medial epicondyle fractures & elbow dislocation	Y. Nietosvaara
17:30	Humerus lateral condyle fractures	C. Alves
17:40	Radial head/neck fractures and nursemaid's elbow	F. Canavese
17:50	Acute Monteggia fractures	I. Sanpera
18:00	Discussion	
18:30	End of the Day	
19:30	Course dinner	

### Thursday 21 November

Schedule	Торіс	Faculty
08:00	Expert Lecture: "Important Treatment Principles in Pediatric Trauma: What I have learned over the decades"	T. Slongo
Forearn	n, Wrist and Hand	
	Moderator: M. Witbreuk	
08:45	Forarm shaft fractures	Y. Nietosvaara
09:00	Distal forearm fractures	C. Alves
09:20	Controversial Issue: Completely displaced metaphyseal fractures in older children - Casting first	M. Witbreuk
09:25	Controversial Issue: Completely displaced metaphyseal fractures in older children - Pinning first	D. Farrington
09:30	Hand fractures (metacarpal/phalanges/ scaphoid)	N. Lutz
09:45	Discussion	
10:15	Coffee Break	
10:45	Industry-Sponsored Workshop Rotation System	3
Pelvis,	Hip and Thigh	
	Moderator: H. Ömeroglu	
11:45	Pelvic and acetabular fractures	M. Witbreuk
11:55	Femur proximal fractures	H. Ömeroglu
12:10	Femur shaft fractures	F. Accadbled
12:25	Controversial Issue: Femur shaft fractures around 5 years of age – Early spica cast first	H. Ömeroglu
12:30	Controversial Issue: Femur shaft fractures around 5 years of age – FIN first	M. De Pellegrin
12:35	Distal femur fractures	M. De Pellegrin
12:45	Discussion	
13.00	Lunch Break	

- 14:00 Industry-Sponsored Workshop Rotation System 4
- 15:00 Case Presentations by the Participants (Upper Y. Nietosvaara Limb Trauma)

Thursday 21 November

### Schedule Topic

### Faculty

## Leg, Ankle and Foot

	Moderator: I. Sanpera	
15:30	Tibia proximal and eminentia fractures	W. Nijhuis
15:40	Tibia shaft fractures	I. Sanpera
15:50	Ankle fractures	F. Canavese
16:00	Foot fractures	G. Trisolino
16:10	Discussion	
10.00		
16:30	Coffee Break	
17:00	Case Presentations by the Participants (Lower Limb Trauma)	D. Farrington
10.00		
18:00	End of the Day	

Friday 22 November

### Schedule Topic

Faculty

## **Basic Spine injuries**

	Moderator: C. Hasler	
08:30	Cervical spine injuries	D. Farrington
08:45	Thoraco-lumbar fractures and SCIWORA	C. Hasler
09:00	Concussion	M. Turati
09:10	Discussion	

## **Sports Injuries-1**

	Moderator: F. Accadbled	
09:20	Epidemiology and prevention of sports injuries in children	N. Lutz
09:30	Common overuse injuries (upper limb) in children	M. Witbreuk
09:40	Common overuse injuries (lower limb) in children	M. Turati
09:50	Discussion	
10:00	Coffee Break (including course picture)	
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10:45	Industry-Sponsored Workshop Rotation System	5

## Sports Injuries-2

Moderator: M. Turati

11:45	Meniscus injuries and discoid meniscus	F. Accadbled
12:00	Ligamentous injuries of the knee and ankle	M. Turati
12:15	Osteochondritis dissecans (knee/ankle)	F. Accadbled
12:30	Patellofemoral instabilities	F. Accadbled
12:45	Discussion	
13:00	Trilogy Diplomas & Closing Remarks	S. Farr, C. Hasler
14:00	End of the course	

## Information

#### General information

- The programme is subject to last-minute changes.
- The number of participants is limited to 150. Registration process will be handled in first-come, first-served" rule.
- All registered participants are encouraged to bring their original cases for presentation in the recommended format.
- Please note that attendees are responsible for making their own travel and accommodation arrangements.

#### **Future Courses & Events**

#### EPOS BAT ADVANCED CADAVER LAB COURSE

3<sup>rd</sup> Edition,on paediatrics sports medicine and arthroscopy

Geneva, Switzerland | 23-24 January 2025

#### 8th EPOS BAT INSTRUCTIONAL COURSE TRILOGY

EPOS BAT Advanced Course Part III

Orthopaedic Hospital Speising Vienna, Austria | 12-14 March 2025

#### EPOS 2025 – 43rd Annual Meeting

Toulouse, France | 02-04 April 2025

#### Hip Surgery from Infancy to Adulthood

Hospital Universitari Son Espases, Palma, Spain | May/June 2025 (TBC)

## Information

#### Course fees (incl. 10% VAT)

#### Early registration\*

(valid until Sunday 20<sup>th</sup> of October 23h59 CET)

Participants EUR 600.00

EPOS & FEPOS members\*\* EUR 500.00

Residents\*\* EUR 450.00

#### Late registration fees

(valid as of Monday 21<sup>th</sup> of October. No onsite registration!)

Participants EUR 700.00

EPOS members\*\* EUR 600.00

Residents\*\* EUR 500.00

Course dinner\*\*\*: EUR 50.00

### **Course language**

English - no translation

### **CME Credits**

In the process

### **Opening hours**

Tuesday, 19 November 16:00-18:00 Wednesday, 20 November 07:00-18:30 Thursday, 21 November 07:30-18:00 Friday, 22 November 08:00-14:00

### Contact

EPOS Central Office courses@epos.org

#### Venue

Orthopaedic Hospital Speising Speisinger Strasse 109 1130 Vienna Austria

Auditorium: Prof. Spitzy-Auditorium



\* The early registration fee is only when the payment is made before the early registration deadline \*\* Proof needs to be uploaded depending on the registration category chosen

\*\*\*Course Dinner: Will be held on Wednesday 20th of November at 19h30. Interested participants may buy a ticket via the course registration platform.

#### **Registration fees include**

- Participation to all course educational activities;
- Lunches & Coffee breaks.

## Faculty

### **Course Faculty**

Maurizio de Pellegrin, San Raffaele Hospital, Milan, Italy Cristina Alves, Coimbra Pediatric Hospital, Coimbra, Portugal Federico Canavese, Giannina Gaslini Institute, Genova, Italy David M. Farrington, IHP Orthopediatrica, Seville, Spain Carol-C. Hasler, Children's Hospital in Basel, Switzerland Theddy Slongo, University Hospital in Bern, Kinderklinik, Bern, Switzerland Nicolas Lutz, CHUV University Hospital, Lausanne, Switzerland Yrjänä Nietosvaara, New Children's Hospital, HUS and UEF, Kuopio, Finland Wouter Nijhuis, University Medical Center Utrecht, Netherlands Hakan Ömeroglu, Ufuk University Dr. Ridvan Ege Hospital, Ankara, Turkey Ignacio Sanpera, Hospital Universitari Son Espases, Palma de Mallorca, Spain Marco Turati, ASST San Gerardo Hospital, Monza, Italy Giovanni Trisolino, Rizzoli Orthopedic Institute, Bologna, Italy Melinda Witbreuk, Amsterdam University Medical Center, The Netherlands Franck Accadbled, University Hospital of Toulouse, France

#### **Course Programme Committee**

Sebastian Farr

Carol-C. Hasler Catharina Chiari Course Program Coordinator EPOS Educational Committee Chairman EPOS President 2024/2025 Local Host

## **INDUSTRY-SPONSORED WORKSHOP STATIONS\***

Station 1	Humerus supracondylar fracture pinning and forearm fracture plating (supported by Orthopaediatrics)
Station 2	FIN of long bone fractures (supported by Orthopaediatrics)
Station 3	Research methods
Station 4	Case discussions
Station 5	Break Time

\*To be confirmed. Workshops schedule and content subject to last-minute changes. Disclaimer: Please note that there is a variety of different similar products available that can be used beyond the ones provided at this event.

Official industry supporter of the course is:

