



I International Polish Pediatric Foot Course

September 18-19, 2025

Day One - Clubfoot Focus

09:00 - 09:15 Opening - *BlazejPruszczynski (EPOS Member), Jose Morcuende*

09:15 - 09:25 Ignacio Ponseti - The Foot Genius - *BlazejPruszczynski (EPOS Member)*

09:25 - 09:45 Clubfoot - Etiology and Pathobiology - *Jose Morcuende*

09:45 - 10:05 Why the Ponseti Method Works - *Jose Morcuende*

10:05 - 10:20 Post-Tenotomy Care - Bracing - *Nichols Reid*

10:20 - 10:40 ROM in Clubfoot: What to Expect - *Jose Morcuende*

10:40 - 11:00 Coffee Break

11:00 - 11:20 Flattening of the Talus: Why and How to Avoid It - *Jose Morcuende*

11:20 - 11:50 Identification and Management of Recurrences - *Monica Nogueira*

11:50 - 12:10 Common Errors in Ponseti Treatment - *Jose Morcuende*

12:10 - 12:30 Discussion

12:30 - 13:30 Lunch Break

13:30 - 13:50 How a National Program Works: Colombia Example - *Jose Morcuende*

13:50 - 14:10 Presentation of Polish Clubfoot Team - Iowa Alumni -
Jose Morcuende, BlazejPruszczynski (EPOS Member),

14:10 - 15:10 My worst clubfoot case treated with Ponseti Method
*Jose Morcuende, Christina Alves (EPOS Member), Nichols Reid, Monica Nogueira,
Marek Napiontek (EPOS Member), BlazejPruszczynski (EPOS Member),*

15:10 - 15:30 Discussion

15:30 - 17:00 Technical Demonstrations: Manipulation, Casting, and Tenotomy

*Jose Morcuende, Nichols Reid, Christina Alves (EPOS Member), Monica Nogueira,
Marek Napiontek (EPOS Member), BlazejPruszczynski (EPOS Member)*

17:00 - End of Day One

18:30 - 21:30 Course Dinner



Organizer:

Univ. Prof. BlazejPruszczynski, MD, PhD,

Pediatric Orthopedics, Neuroorthopedics

☎: +48 42 237 11 44

@: kontakt@pruszczynski.com.pl

CONGRESSUS

Jacek Wachowski

☎: +48 507 215 076

@: jacek.wachowski@congressus.pl



I International Polish Pediatric Foot Course

September 18-19, 2025

Day Two - Other Pediatric Foot Issues

08:30 - 08:45 Flexible Flat Foot - *Nichols Reid*

08:45 - 09:00 Clubfoot without tenotomy - *Marek Napiontek (EPOS Member)*

09:00 - 09:20 Arthrolytic clubfoot

Bartłomiej Kowalczyk (EPOS Member) and Anna Kuznik-Buziewicz

09:20 - 09:35 Discussion

09:35 - 09:50 Metatarsus Adductus - *Christina Alves (EPOS Member)*

09:50 - 10:10 Gait Analysis in Foot Care - *Nichols Reid*

10:10 - 10:30 Role of shoe insert in the Pediatric Foot - *Monika Cybart*

10:30 - 10:50 Role of Orthoses in the Pediatric Foot

10:50 - 11:10 Coffee Break

Surgical Treatment

11:10 - 11:20 Evidence for surgery for low muscle tone feet - *Blazej Pruszczyński (EPOS Member)*

11:20 - 11:35 How Gait Analysis Helps in Foot Surgery (cases) - *Nichols Reid*

11:35 - 11:50 Flatfoot Surgeries - *Christina Alves (EPOS Member)*

11:50 - 12:00 Discussion

12:05 - 12:20 HV Surgeries in Children - *Piotr Buchcic*

12:20 - 12:40 CVT without syndrom - *Błażej Pruszczyński (EPOS Member)*

12:40 - 12:50 Syndromic Feet (except clubfoot)

Bartłomiej Kowalczyk (EPOS Member) and Anna Kuznik-Buziewicz

12:50 - 13:00 Discussion

13:00 - 14:00 Workshops:

Nichols Reid, Christina Alves (EPOS Member), Piotr Buchcic,

14:00 - 15:00 Lunch Break

15:00 - 15:20 Cases for Frame - *Nichols Reid*

15:20 - 15:35 Cases for salvage procedures - *Bartłomiej Kowalczyk (EPOS Member)*

15:35 - 15:50 Trauma in Pediatric Foot - *Christina Alves (EPOS Member),*

15:50 - 16:20 Decision-Making: 1 Cases Each

Nichols Reid, Christina Alves (EPOS Member), Marek Napiontek (EPOS Member)

16:20 - End of the Course



Organizer:

Univ. Prof. Blazej Pruszczyński, MD, PhD,

Pediatric Orthopedics, Neuroorthopedics

☎: +48 42 237 11 44

@: kontakt@pruszczyński.com.pl

CONGRESSUS

Jacek Wachowski

☎: +48 507 215 076

@: jacek.wachowski@congressus.pl