

EUROPEAN REGIONAL EXPERT MEETING ON THE PREVENTION AND MANAGEMENT OF FRAGILITY FRACTURES

24-25th October 2020

Dear Colleagues,

As previously notified, this will be a virtual meeting, in which we will discuss how best to rise to the challenge of fragility fractures in Europe, building on the four pillars of our Call to Action:

- multidisciplinary co-management of the acute fracture episode, especially hip fractures
- excellent rehabilitation to restore maximum function and quality of life
- secondary prevention after every fragility fracture, addressing both osteoporosis and falls
- multidisciplinary national alliances that can achieve necessary changes in healthcare policy

The meeting will be hosted using a state-of-the-art virtual meeting platform to deliver engaging, interactive and informative presentations, workshops and poster exhibitions, as well as industry-sponsored exhibition booths and satellite symposia, and networking opportunities throughout.

You can find more information about the meeting at <https://ffngr.eu/en/southern-europe-regional-expert-meeting-of-fragility-fracture-network/>

Registration

Registration is free and includes automatic membership of the global FFN, which is also free and carries no obligations. This will give you access to the resources of the Members' Area of <http://www.fragilityfracturenetwork.org> and result in you receiving newsletters and other communications from FFN, but from nobody else.

Please register your intention to attend this meeting at <https://ffnregionalmeetings.online-event.co/registration/scimentum-fragility-fracture-network-3> , where you will create a password to gain entry to the meeting. *All speakers and chairpersons must also register.*

Meeting structure

There will be 4 plenary sessions and 9 breakouts in this meeting. All presentations will be pre-recorded, followed by a live Q & A Session, which will be guided by the session's chairs. Apart from Q & A Sessions, there will be other excellent networking opportunities, where colleagues can connect and share opinions and practices in small groups. Anybody who is interested in scheduling a networking meeting in advance should send an email to REMAthens2020@ff-network.org.

**EUROPEAN REGIONAL EXPERT MEETING ON THE PREVENTION AND
MANAGEMENT OF FRAGILITY FRACTURES
24-25th October 2020
Programme**

DAY 1, Oct 24th, Morning		
Opening Remarks (10:50 – 11:00) David Marsh, FFN Regionalisation Committee Elias Panagiotopoulos, President of FFN Greece		
Plenary Session I (11:00-12:00)		
Multidisciplinary management of the acute fracture episode- Pillar I		
Chairs: Önder Aydingöz-Turkey and Carmelinda Ruggiero- Italy		
11:00	Orthogeriatrics	Carmelinda Ruggiero, FFN-Italy
11:15	Perioperative Care of the Geriatric Hip Fracture Patient (Nurse's Perspective)	Karen Hertz, FFN-UK
11:30	Perioperative Care of the Geriatric Hip Fracture Patient (Anaesthetist Perspective)	Stuart White, UK
11:45-12:00	Q and A	
Breakouts– Pillar I 12:15-13:15		
No 1. Peri-Operative Care	No 2. Acute Management in Covid-19 Pandemic	No 3. Advances in Fragility Fracture Surgery
Chairs: Sofia Duque, Jean-Marc Feron	Chairs: Cristina Ojeda Thies, Luca Pietrogrande	Chairs: Theo Tosounidis, Anze Kristan
<u>20 min Introductory Lecture</u> When is specialist referral necessary? Sofia Duque, Portugal	<u>20 min Introductory Lecture</u> COVID + Geriatric Patient and Hip Fracture Cristina Ojeda Thies, Spain	<u>20 min Introductory Lecture</u> Advances in Fragility Fracture Surgery Anze Kristan, Slovenia
<u>Open Forum: 40 minutes</u> <ul style="list-style-type: none"> • George Karpetas, Anaesthetist, FFN-Greece • Maria Spiraki, Anaesthetist, FFN-Greece • Nicu Bajurea, Orthop Surgeon, Moldova 	<u>Open Forum: 40 minutes</u> <ul style="list-style-type: none"> • Luca Pietrogrande, Orthop Surgeon, FFN-Italy • Kamil Eyvazov, Orthop Surgeon, Azerbaijan • Ian Moppett, Anaesthetist, UK 	<u>Open Forum: 40 minutes</u> <ul style="list-style-type: none"> • Leonid Farba, Orthop Surgeon, Russia • Igor Kaftandziev, Orthop Surgeon, North Macedonia • Athanasios Artan Bano, Orthop Surgeon, Albania

EuGMS Symposium	
Chair: Anette Hylen Ranhoff	
13:30-14:30	
13:30	New international guidelines on falls prevention Hubert Blain, France
13:45	The current state of geriatric medicine in SE Europe and our Global Europe Initiative Finbarr Martin, UK
14:00	Summary of the Fall-risk-increasing drugs (FRID) Task and Finish group work Gulistan Bahat, Turkey
14:15	Discussion

Plenary Session II (15:00 - 16:00)		
Rehabilitation following fragility fracture- Pillar II		
Chairs: Peter Giannoudis-UK and Jay Magaziner-FFN Global		
15:00	Functional Recovery After Hip Fracture: Implications for Rehabilitation	Jay Magaziner, FFN President
15:15	Can immediate mobilisation always be safely achieved?	Peter Giannoudis, UK
15:30	Malnutrition in the Older Hip Fracture Patient	Silvia Migliaccio, Italy
15:45-16:00	Q and A	
Breakouts– Pillar II		
16:15-17:15		
No 4. Rehab After-care	No 5. Training & Education	No 6. Fracture Audit / Registry
Chairs: Xanthi Michail, Aydan Oral	Chairs: Paolo Falaschi, Andrea Marques	Chairs: Finbarr Martin, Antony Johansen
<u>20 min Introductory Lecture</u> Rehabilitation After-care Aydan Oral, Turkey	<u>20 min Introductory Lecture</u> Educating Nurses Eduarda Batista Di Lima, FFN-Italy	<u>20 min Introductory Lecture</u> Hip Fracture Registry Project Antony Johansen, UK
<u>Open Forum: 40 min</u> <ul style="list-style-type: none"> • Gordana Devecerski, <i>Physiatrist,</i> Serbia • Volodymyr Golyk, <i>Physiatrist,</i> Ukraine • Maya Racic, <i>General Practitioner,</i> Bosnia-Herzegovina 	<u>Open Forum: 40 min</u> <ul style="list-style-type: none"> • Andrea Marques, <i>Nurse,</i> Portugal • Mohamed Salem, <i>Geriatrician,</i> Malta • Maria Panourgia, <i>Geriatrician,</i> UK 	<u>Open Forum: 40 min</u> <ul style="list-style-type: none"> • Tasos Nikolaidis, <i>Orthop Surgeon,</i> UK • Peter Schulz, <i>Orthop Surgeon,</i> Germany • Cristina Ojeda Thies, <i>Orthop Surgeon,</i> Spain

Please note that daylight-saving time finishes between 24th and 25th October.

Day 2 times, as printed below, are therefore CET, not CEST - ie one hour earlier.

DAY 2, Oct 25th, Morning		
Welcome to Day 2 and Recap of Day 1 (09:50 – 10:00) David Marsh, FFN Regionalisation Committee Elias Panagiotopoulos, President of FFN Greece		
Plenary Session III (10:00 – 11:00)		
Secondary Prevention following Fragility Fracture- Pillar III		
Chairs: Kassim Javaid-UK and Polyzois Makras-Greece		
10:00	Key Performance indicators for effective secondary fracture prevention	Kassim Javaid, UK
10:15	Falls prevention following fragility fracture	Hubert Blain, France
10:30	Enhancing adherence to Osteoporosis Treatment	Polyzois Makras, Greece
10:45-11:00	Q and A	
Breakouts–Pillar III 11:15 – 12:15		
No 7. Seamless Integration to Community Care	No 8. Secondary Prevention	No 9. Falls and Frailty
Chairs: Christos Lionis, Radost Assenova	Chairs: Andrea Marques, Andy Gray	Chairs: Tahir Masud, Eleftheria Antoniadou
<u>20 min Introductory Lecture</u> Integration into Community Care Christos Lionis, FFN-Greece	<u>20 min Introductory Lecture</u> Training fracture prevention practitioners Andrea Marques, Portugal	<u>20 min Introductory Lecture</u> Fear of Falling Tahir Masud, UK
<u>Open Forum – 40 min</u> <ul style="list-style-type: none"> • Radost Assenova, <i>General Practitioner,</i> Bulgaria • Sandra Alexiu, <i>General Practitioner,</i> Romania • Patrocinio Ariza Vega, <i>Physiotherapist,</i> Spain 	<u>Open Forum - 40 min</u> <ul style="list-style-type: none"> • Andy Gray, <i>Orthop Surgeon,</i> UK • Tanja Pekez, <i>General Practitioner,</i> Croatia • Olga Lesnyak, <i>Family Physician,</i> Russia 	<u>Open Forum - 40 min</u> <ul style="list-style-type: none"> • E. Antoniadou, <i>Physiatrist,</i> FFN-Greece • Julie Whitney, <i>Physiotherapist,</i> UK • Morten Tange Kristensen, <i>Physiotherapist,</i> Denmark

12:45-13:30	<p>UCB Sponsored Symposium</p> <p>Chair: David Marsh</p> <p>IQ Driving QI: Systematically improving the quality of care we provide to people who sustain fragility fractures</p> <p>Paul Mitchell, Scientist, New Zealand</p> <p>Discussants: Kassim Javaid Andy Gray</p>
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DAY 2 ,Oct 25th , Afternoon		
Plenary Session IV (15:00-17:00)		
National Alliances and Policy Change – Pillar IV		
Chairs: Önder Aydingöz-Turkey and José Caeiro-Spain		
15:00	Multidisciplinary co-management improves quality of life for fragility fracture patients	Xavier Griffin, FFN-UK
15:20	How to persuade politicians	Finbarr Martin, FFN-UK
15:40	Guides to action from the global FFN	David Marsh, FFN Regionalisation Committee
16:00	How to build a national multidisciplinary alliance	José R. Caeiro Rey, SEFRAOS, Spain
16:20	What to expect next year in Oslo	Frede Frihagen, FFN-Norway
16:40-17:00	Open Forum	
17:00	CLOSING REMARKS	

FFN Regionalisation Committee

FFN-Greece